### DEMOCRATIZING DATA-DRIVEN HEALTHCARE

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BIOSTEC 2021, Online Event February 2021







### UNIVERSITY OF LISBON

School of Science









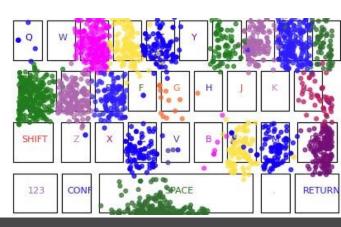
### **MOTTO**



We design, build, and evaluate interactive technologies that address high value social issues such as accessible computing and pervasive healthcare.









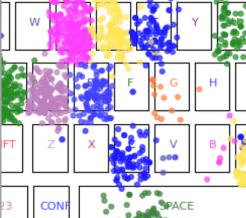




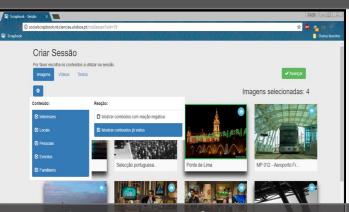
### **EXAMPLE PROJECTS**



Braille I/O



Touch modelling



Novel approaches for Dementia

Care & Intervention



Blind People & Robots



Data-Driven Healthcare for Parkinson's Disease



**Robots to Support** 

People with Dementia





### SOCIAL DRIVE









### **USER-DRIVEN**







### BUILD AND EVALUATE









### STORIES OF ACCESS







### ACCESS FOR PEOPLE WITH TETRAPLEGIA

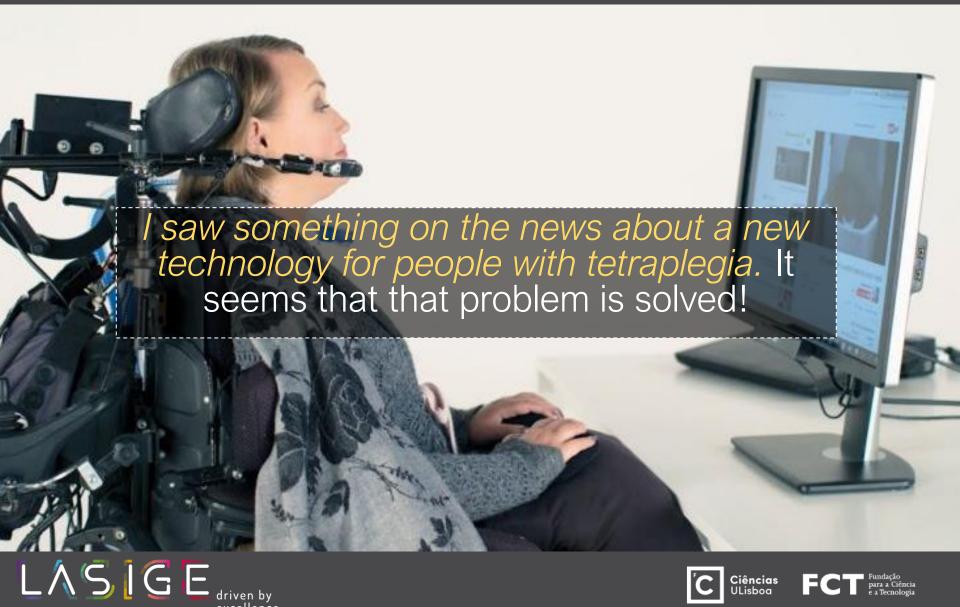








### ACCESS FOR PEOPLE WITH TETRAPLEGIA







### DEALING WITH THE REAL WORLD

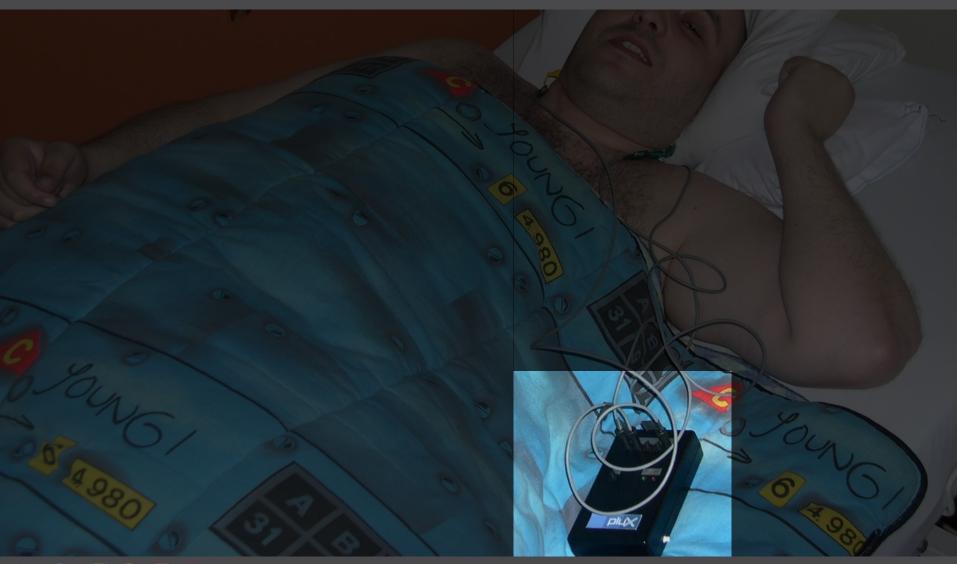








### THE FIRST PLUX DEVICE

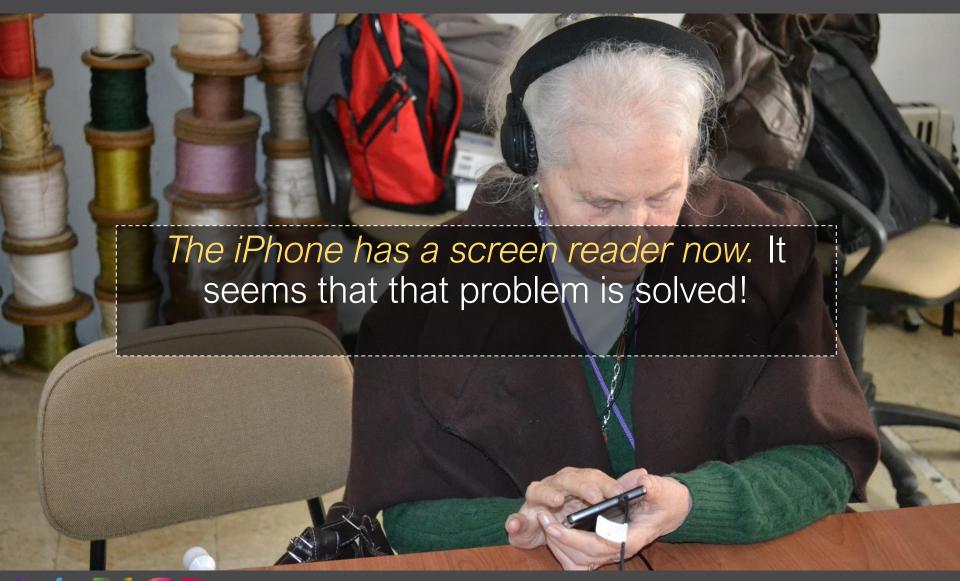








### MOBILE ACCESSIBILITY FOR BLIND PEOPLE

















### OTHER COMMON EXAMPLES











### STEREOTYPES

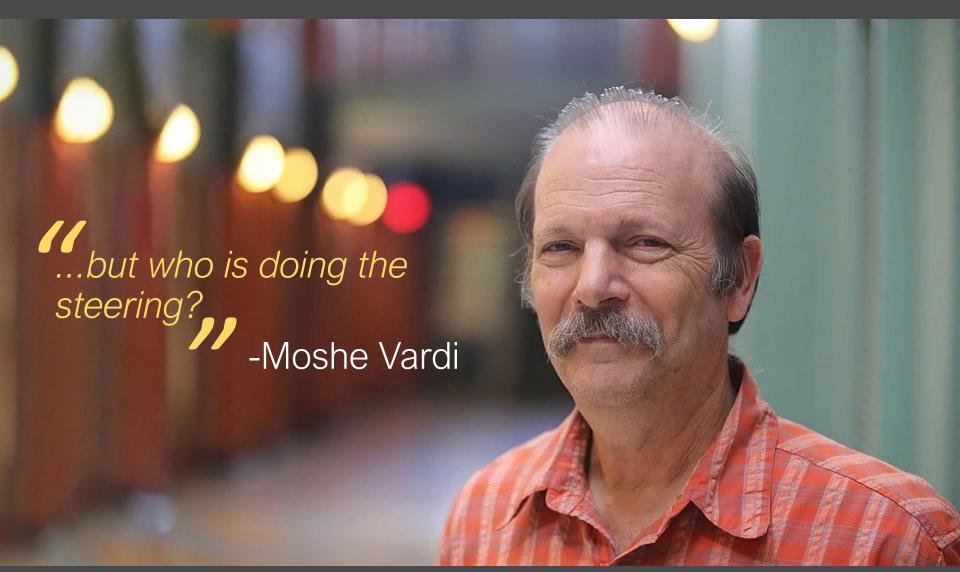
Monolythic and superficial perspectives on complex ecosystems and people







### TECHNOLOGY IS DRIVING THE FUTURE









### ARE WE REALLY SOLVING PEOPLE'S PROBLEMS?











# #1

Make sure your path has a promisingly useful destination







# USER-CENTERED DESIGN IS DEPRECATED







### **COMMON BUT SUPERFICIAL?**









### USER-CENTRED DESIGN TODAY

Highly transactional process

Excuse for justifying stereotypes



Users are craving for technologies that target their needs, even if they are not good enough [Trewin et al., Usage of Subjective Scales in Accessibility Research, 2015]

Divergent mental models and slow advances







### TAKE IT UP A NOTCH

Embed yourself in the context you are working at

If we are researching and building technology for users....

....need to be experts on the **technology**, and the **users** and their **context**.

How are we doing that?

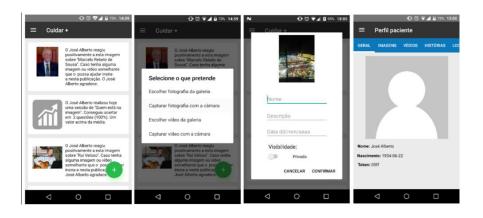






### SCRAPBOOKS





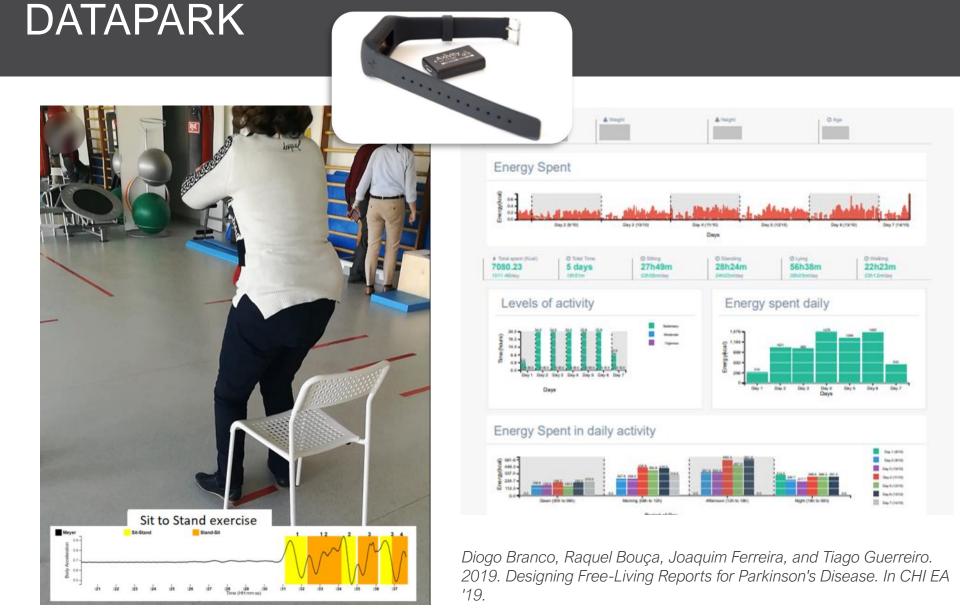


Sérgio Alves, Filipa Brito, Andreia Cordeiro, Luís Carriço, and Tiago Guerreiro. 2019. Designing Personalized Therapy Tools for People with Dementia. In W4A '19.















# #2

Embed yourself and be an expert on your target domain







## DEMOCRATIZING DIGITAL HEALTHCARE







### **GATEKEEPING**

When you ask your grandma what's her recipe and she act like she didn't hear you.









### NOT ONLY ABOUT CHEAPER DEVICES



Democratize: make (something) accessible to everyone



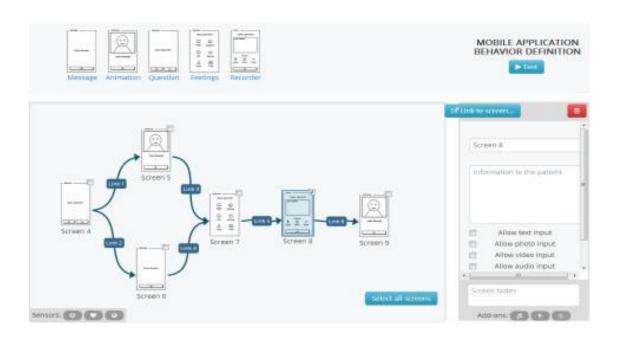




### EARLY ACCESS AND PERSONALIZATION

Enable experimentation and discussion

Enable personalization

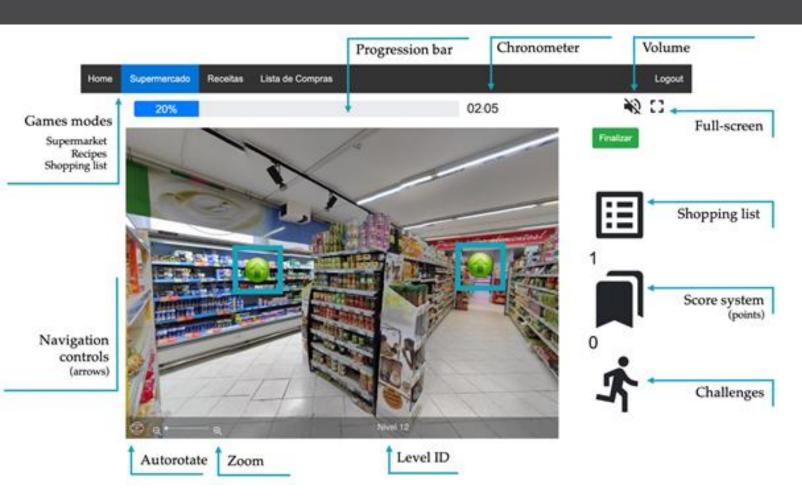








### **NEUROVREHAB**



Ferreira-Brito F, Alves S, Santos O, Guerreiro T, Caneiras C, Carriço L, Verdelho A. Photo-Realistic Interactive Virtual Environments for Neurorehabilitation in Mild Cognitive Impairment (NeuroVRehab.PT): A Participatory Design and Proof-of-Concept Study. J Clin Med. 2020







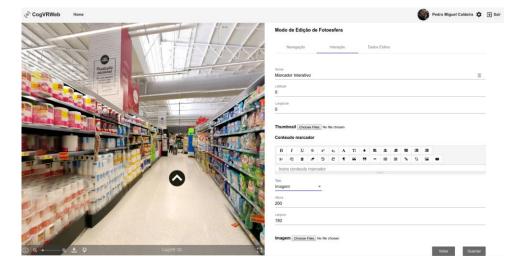
### END-USER AUTHORING OF VR FOR THERAPY

















# #3

### Democratize technology and enable your users







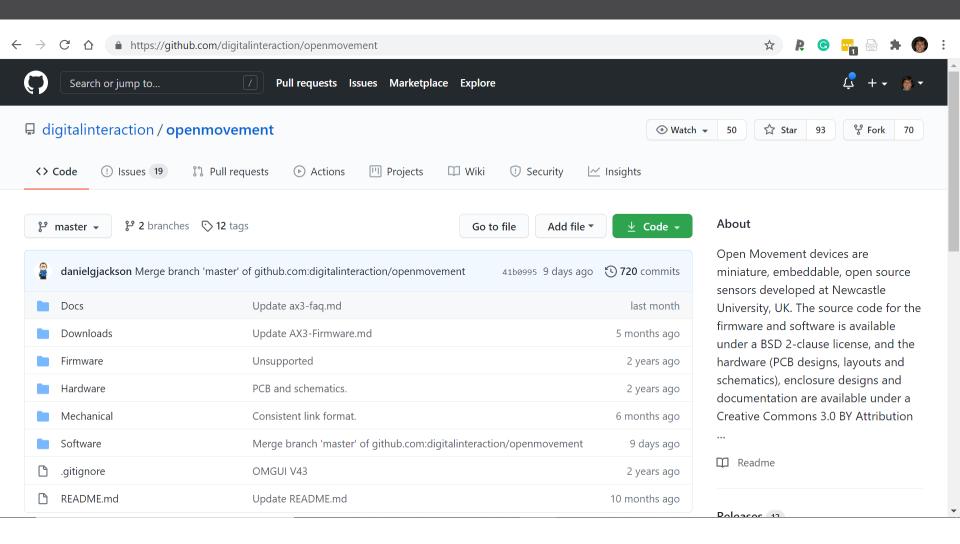
# MAKING HEALTHCARE TECHNOLOGIES MAINSTREAM







### OPENMOVEMENT









### AXLE

Collaboration with Newcastle (OpenLab), Northumbria (NorthSC), and Parkinson's UK

3-axis accelerometer (up to 200Hz)

BLE 4.0 Communication

Vibrotactile feedback

2 controllable LEDs

30+ days of battery duration

Support over-the-air firmware updates

Costs ~20€









### DESIGNING WITH PEOPLE WITH PD

Parkinson's Drool Cueing

Personalized cues for swallowing

No need for constant interaction with the phone

Medication reminders

Activity tracker

People in control

Share personal data with other people or existing health-care systems

Enroll in research studies









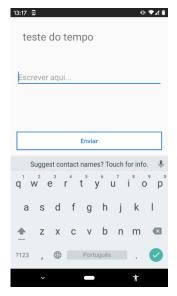


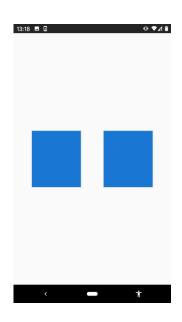
#### TEXT-ENTRY AS A DIGITAL ENDPOINT

Writing on smartphones is now pervasive to our lives Lab and in the wild (controlled and uncontrolled) collection of data

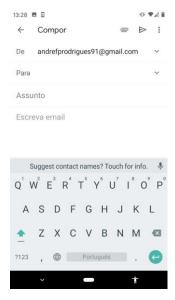
Privacy by design

















#### **CURRENT CHALLENGES**

What's the best way to collect this data?

The most information with the least effort

How to deliver these outputs to clinicians....and to users themselves?







# #4

Make it simple, usable, and useful







## WHO'S STEERING THE WHEEL?







#### MAIN TAKEAWAYS

Make sure your travel has a promisingly useful destination

Embed yourself and be an expert on your target domain

Democratize: enable personalization and share early

Make it simple, usable, and useful













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